

The Forsyth Voice

The official newsletter of Forsyth County's Court Appointed Special Advocates

June 2025



Check out some of the new sections of our newsletter!

- Ask an Advocacy Specialist (page 2)
- "What Would You Do?" (page 3)



Curious about how trauma impacts attachment? Read more on Page 2.

May Month in Review



198 advocacy hours



hearings attended



1736 miles driven

Upcoming Events

- Friday, July 11th Lunch with the Judges Juvenile Courthouse | 12PM-1PM
- Friday, July 18th Back to School Bash Beaver Toyota | 11:30AM-1:30PM
- Tuesday, July 29th June/July Book Club Meeting SliceAbility | 5:30PM

Registration closes June 15th!

Remember to

register for the Back

to School Bash!

CLICK HERE TO REGISTER

Features



Secure Attachment and PTSD

A recent meta-analysis published in *Development and Psychopathology* examined 30 studies involving over 10,000 children and adolescents who had experienced various traumatic events, including abuse. The findings revealed that children with secure attachment to their caregivers exhibited significantly fewer posttraumatic stress symptoms (PTSS) compared to those with insecure attachment styles. Insecure attachment—encompassing anxious, avoidant, and disorganized styles—was linked to higher levels of PTSS, suggesting that the quality of early caregiver relationships plays a crucial role in children's resilience to trauma.

These results highlight how important secure attachments are in helping protect children from developing PTSD symptoms after trauma. For CASAs, this reinforces the value of being a consistent, reliable presence in a child's life. By building trust and showing up with care and stability, CASAs help create the emotional safety children need to begin healing and growing stronger, even after difficult experiences.

Click to read the full article **here**

New: Ask an Advocacy Specialist

Have a question about your CASA case, the court process, working with DFCS, or anything else related to your role? We've got you covered!

We're launching a new section of the newsletter where one of our Advocacy Specialists will answer one or two of your questions each month.

Whether it's something you've always wondered or a situation you're navigating now, chances are someone else is wondering the same thing. Let's learn from each other!

Send your questions to be featured in next month's newsletter <u>HERE!</u>

Highlights

June is National Family Reunification Month

Each June, we honor the incredible efforts made to safely reunify children with their families. At CASA, we recognize that reunification is often the goal of child welfare when it is safe and appropriate, and we celebrate the families, professionals, and advocates who make this possible.

Listen In: Check out *Episode 64 of Child*Welfare Information Gateway's Podcast HERE for a
powerful conversation on the importance of family
reunification and how communities can support
families on their journey. Also available on Spotify.



What Would You Do? — Real-Life Advocacy Scenarios

Every CASA case is unique, and even the most experienced advocates come across moments that make them pause and think: *What now?* This new segment is designed to help you reflect on those complex situations, strengthen your decision-making skills, and spark thoughtful discussion.

Each month, we'll share a real-world-inspired scenario and ask: *What would you do?*There's no one-size-fits-all answer—but there are best practices and thoughtful approaches.

"I Want to Go Home"

Your CASA child has been in a stable placement for six months.

They're doing well in school and getting along with their foster family.

But during a visit, they quietly say, "I just want to go back to my

mom's. Can you make that happen?"

Look to next month's newsletter to see what the most effective course of action might be!

Volunteer Corner

Birthdays & Anniversaries



🙏 **June 4**th - Lori Gillman & Bert Boudet (**7 Years**)



June 7th - Sandy Hughes



June 11th - Cathy Carlton



W June 17th - Kelly Weeks



June 23rd - Elli Reidinger & Kim Strauss (**3 Years**)



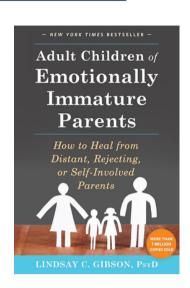
Line 25th - Christina Daniels & Priya Narasimhan



June 26th - Dana Gunsallus



CASA Book Club June/July



Adult Children of Emotionally Immature Parents: How to Heal from Distant, Rejecting, or Self-Involved Parents by Lindsay C. Gibson

In this breakthrough book, clinical psychologist Lindsay Gibson exposes the destructive nature of parents who are emotionally immature or unavailable. You will see how these parents create a sense of neglect, and discover ways to heal from the pain and confusion caused by your childhood. By freeing yourself from your parents' emotional immaturity, you can recover your true nature, control how you react to them, and avoid disappointment. Finally, you'll learn how to create positive, new relationships so you can build a better life.

We'll be meeting at SliceAbility on July 29th at 5:30PM!

Let us know if you'll be there! - email daniellesmithcasa@gmail.com

Continuing Education

In-Person, Virtual, and Self-Guided Training Opportunities
(CLICK THE LINKS BELOW FOR ACCESS)

On Demand Trainings

Live Online Trainings

Stewards of Children

Darkness to LightCode: FLIPTHESWITCH
CLICK HERE TO ACCESS

CASA on the Go: Continuing Education for Volunteers (Podcast)

Texas CASA

CLICK HERE TO ACCESS

On Demand Virtual Trainings
Georgia Center for Resources and
Support
CLICK HERE TO ACCESS

6/17 12PM-1:30PM

Breaking the Intergenerational Cycle of Abuse

Stephanie V. Blank Center - CHOA

* Must pre-register.
CLICK HERE TO ACCESS

6/18 9AM-12:30PM

Psychological Safety: A Pathway to Resilience

Child Welfare Training Collaborative - Georgia State University

* Must pre-register.
CLICK HERE TO ACCESS

6/25 9AM-12:30PM

Recognizing and Managing Secondary Traumatic Stress

Child Welfare Training Collaborative - Georgia State University

* Must pre-register.
CLICK HERE TO ACCESS

6/27 9AM-12:30PM

Delivering Trauma-Informed Customer Service

Child Welfare Training Collaborative - Georgia State University

* Must pre-register.
CLICK HERE TO ACCESS

Please remember to log your training in the tab marked "Training" on the main page in Optima- you need to log 12 hours of continuing education each year.

 Reading along with Book Club is now worth 4 CE hours!



BACto SCHOOL BASH July 18th

Join us for a day of fun!

- DJ
- Snow Cones
- **Arts & Crafts**
- Emergency Vehicles
- Food
- Games
- Free Backpacks
- & More!

Presented by:



family connection

RSVP HERE by June 15th



Location

11:30-1:30

Beaver Toyota of Cumming 1875 Buford Hwy Cumming, GA 30041



Thank You to Our Donors!









NORTHSIDE

Jay Kirchoff

Bettina Hammond











Hardie-Hughes Foundation



Paula Gault

Marybeth Leamer























Danny Bennett

VALUZZIA

Keller Williams Community Partners - North Forsyth Rotary Club - Jack & Becky Damico

Susan Kaufman - Steve Kirby - The Ledbetter Family - Alyssa Baskam Fitzgibbons Family Charitable Foundation - Weaver Capital Management Deer Creek Shores Presbyterian Church - George Lipsey - Hampton Family Charitable Fund Teleios Ministry - Richard Warner - Georgia CASA Eggs Up Grill - Horizon Christian Academy Silvia Anderson - LEJ Capital - Vanguard Management Group - Northpoint Mortgage

Unity Class of First Baptist Church - Bald Ridge Chapel Trustees

CHANGE A
CHILD'S STORY



FORSYTH COUNTY